

CERTIFICATE

OF PARTICIPATION

This is to certify that

Arlo Van Heerden

Has successfully participated & completed the

32km Num-Num Trail Run 2017

held at Pongola Express, MP.

TIME 04:08:45

PACE 07:45/km

OVERALL 2 of 114

GENDER 2 of 75

OPEN 2 of 44

29 July 2017, Sat

Date





Signature